



Chef Mei's Personal Chef Services: It's worth your time!!

Compare how much time you spend grocery shopping, preparing food, and cleaning up without Chef Mei's outstanding cheffing services.

Fill in the time below under "Minutes per Week" and total them at the bottom.

Activity:	Average Minutes per Week:	Your Minutes per Week:
Grocery Shopping	120 Minutes	
Eating Out	90 Minutes	
Waiting for Takeout	30 Minutes	
Waiting on Food Delivery	30 Minutes	
Traveling to Restaurants	45 Minutes	
Waiting For the Wait-Staff to Bring Your Food	30 Minutes	
Cooking Dinner for Your Family	180 Minutes	
Clearing, Washing, Putting Everything Away	100 Minutes	

Weekly Total: 625 Minutes,
Approx. 10 Hours

Chef Mei's Personal Chef Services take a fraction of the time... *and the food is gourmet!*

Activity:	Average Minutes per Week:
Approving Your Menu	10 Minutes
Heating Your Meals	50 Minutes
Clean Up	30 Minutes

Weekly Total: 90 Minutes, Approx. 1.5 Hours

With Chef Mei's Services, you free up valuable time in your busy week! *Imagine what you could be doing....*

Activity:	Average Duration:
Going to the Movie Theater	111 Minutes
Manicure and Pedicure	120 Minutes
Catch a Football Game on TV	180 Minutes
Workout at the Gym	90 Minutes
Watching Your Favorite Sitcom	60 Minutes
Playing With Your Kids, Taking a Relaxing Walk, Reading a New Novel, Reorganizing your Record Collection, ect...	

Contact Chef Mei Today!
Free your time...
& eat amazing food.

Chef Mei Parker
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